



Hua Hin, April 3rd 2020

Flu vaccine and Pneumonia vaccine are available now.

Dear Sir/Madam,

Everyone's focus is rightly on COVID-19 at the moment but other major health concerns haven't gone away.

Influenza ("flu") can be a very serious infection, estimated to cause around 1,000 worldwide deaths daily and vaccination is the best form of prevention. We now have the latest 2020 vaccine available against this year's flu virus.

The flu vaccine is recommended to be taken every year by all people aged 60 or above, and by people of any age with underlying medical conditions, such as: diabetes; asthma and other lung conditions; heart disease; liver or kidney problems; low immunity due to cancer, medications (such as steroids), HIV; people overweight; and pregnancy.

There is also a vaccine now available against a form of bacterial pneumonia. This Pneumovax vaccine is recommended for everyone over the age of 60 years. It can be taken at the same time as the flu vaccine and is generally given only once.

If you are unsure whether you should get one or both of these vaccines then please phone us for individual advice.

Both of these vaccines are available today.

The prices are:

Influenza: THB 600 (THB 750 non-members)

Pneumovax: THB 1,300 (THB 1,500 non-members)

We offer vaccination at our clinic or, because of the current COVID-19 situation, we can provide a home service if you prefer. Please contact the clinic for details.

If you have any questions or concerns please do not hesitate to email or phone.

The Be Well Team

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